

Distracted Driving Statistics

Distracted driving is a national epidemic. A quick bite to eat, text, or photo can turn deadly in an instant — and it's not worth your or anyone else's life.

Annually, 3,154 people are killed in distracted driving crashes, and 424,000 people are injured.

- Nine Americans are killed each day by distracted driving accidents
- The biggest distractions for drivers are reaching for objects and talking to passengers.
- Texting often takes your eyes off the road for at least five seconds, long enough to drive the length of a football field while driving at 55 mph.
- One of four United States crashes involves a cell phone.
- By reaching for a phone or engaging in other visual-manual subtasks, you'll increase your risk of crashing by three times.
- About 660,000 drivers in the United States are using electric devices while driving at any given moment.



